

Orange County Community Resources

Mental Health Services

Orange County Asian and Pacific Islander Community Alliance (OCAPICA)

- *Accepts Medi-Cal. Individual short-term/long-term counseling, mental health screenings, educational workshops, youth leadership program, assist high school students with college prep, scholarship program, assists elementary parents to improve the quality of parent-child relationships through teaching effective child-management skills and increasing positive and supportive communication between parents and children.*
- 12912 Brookhurst St. Garden Grove, CA 92840
- Languages: English, Spanish, Vietnamese, Chinese, Korean
- (714) 636-9095
- <https://www.ocapica.org/what-we-do.html>

Western Youth Services

- *Medi-Cal outpatient services, counseling services, school-based services, parenting classes and more.*
- 18350 Mt Langley St. Suite 220 Fountain Valley, CA 92708
- Languages: English, Spanish, Vietnamese
- (714) 378-2620
- <https://www.westernyouthservices.org/>

Parenting Resources

Friendly Center Orange-Rose Avenue

- *Free new parent assistance, parenting skills classes, counseling, utility assistance program, and emergency food program.*
- Languages: English, Spanish
- 147 W Rose Ave. Orange, CA 92867
- (714) 771-5300
- <https://friendlycenter.org/about/>

Latino Health Access

- *Free domestic violence support groups, therapy, diabetic class, youth support groups, referrals and linkages to specialized services.*
- Languages: English, Spanish
- 450 W 4TH ST. Santa Ana, CA 92701
- (714) 542-7792
- <https://www.latinohealthaccess.org/>

Housing Assistance

Thomas House Temporary Shelter

- *Aids and supports homeless families with children by providing rent-free, transitional shelter in 24 safe apartment units with food, supplies, and a full range of supportive services and programs.*
- Languages: English, Spanish

- 12601 Morningside Ave #6 Garden Grove, CA 92843
- (714)554-0357
- <https://www.thomashouseshelter.org/about-us-1>

Families Forward

- *Helps homeless and low income families find and maintain stable housing.*
- 8 Thomas Irvine, CA 92618
- Languages: English, Spanish
- (714)347-9494
- <https://www.families-forward.org/>

Food Assistance

Orange County Food Bank

- *Serving low-income families and individuals with free food banks, senior food boxes, mobile food trolleys, CalFresh/food stamp outreach, Farm 2 Family, donated food program, The Giving Farm.*
- 11870 Monarch St. Garden Grove, CA 92841
- (714)897-6670
- <https://www.capoc.org/oc-food-bank/>

Garden Grove Friends Church - Food Distribution Center

- *Free food distribution and hot meals.*
- 1211 Magnolia St. Garden Grove, CA 92841
- (714)539-7735

Medical Services

Garden Grove Hospital and Medical Center

- *Free/income based/private insurance/Medi-Cal. Emergency care, wound center, community services, social services/case management, respiratory therapy.*
- 631 Brookhurst St. #107 Anaheim, CA 92804
- Languages: English, Spanish, Vietnamese, Korean, Cambodian, Arabic, and Tagalog
- (714)917-0440
- <https://www.gardengrovehospital.com/>

Crisis Hotlines

National Suicide Prevention Life Line: 988

- Crisis center, suicide prevention and education

OC Centralized Assessment Team: (866)830-6011

- Crisis Assessment Team (CAT) and Psychiatric Emergency Response Team (PERT)

Domestic Violence Hotline: (800)799-7233

- Confidential 24/7 domestic violence support